

TheHub.
3756

Gardening Workshop



About the workshop

Let's come together as a community and create a veggie patch together with fruits, herbs and vegetables. Bring your kids along!

Gardening improves physical health and produces nutritious homegrown goodies, but its therapeutic benefits extend beyond that. From relaxation to stress relief, mental and emotional wellbeing, get welcome boosts along the garden path (Davies 2014).

Bring your own lunch, refreshments will be provided.

Program information

This is a FREE workshop that runs over 4 consecutive sessions.

Date and time:


Wednesday, 9th November
Wednesday, 16th November
Wednesday, 23rd November
Wednesday, 30th November

10:00am - 12:00pm

Location: Wallan East Kindergarten
52 Newbridge Boulevard, Wallan East

Get in touch

To register or find out more, please get in touch

 1300 253 961

 thehubintake@kidsfirstaustralia.org.au

 thehub3756.org.au

 Wallan Community Services Hub
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