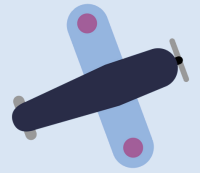




KIDS
FIRST™



Jeremy's story

“Our experienced practitioners have developed a range of specialist tools to support recovery from sexual abuse and other trauma”

- Jackie Bateman, General Manager | Evidence-Informed Practice

Jeremy* was eight years old when he was referred to Kids First's Sexual Abuse Counselling and Prevention Program, after exhibiting harmful sexualised behaviours towards his younger brother. At this point, the brothers had already been removed from their parents due to neglect, physical, sexual, and emotional abuse and had been placed in alternate care.

When Jeremy first met his counsellor, he was aggressive and would only stay in the room for brief periods.

Nearly one year on, and Jeremy enjoys seeing his counsellor. He presents without aggression and says he feels in control. His carer and teachers report he is doing better academically, and his behaviour has improved greatly. He now has his own consistent friendship group.

From our Clinical Practitioner

“A therapeutic treatment plan was developed for Jeremy and sessions included art-based play. Connections were made with his school, where a safety plan could be employed and carried through at home. This holistic approach gives Jeremy the support he needs to improve across different areas of life.”



Sexual Abuse Counselling and Prevention Program

Kid, Teen

This program provides a specialist therapeutic counselling service to children and young people who are victims of sexual abuse and/or engaged in problematic or harmful sexualised behaviour.

To find out more about
Kids First, visit our website
kidsfirstaustralia.org.au

*For privacy, names have been changed in this client story